

# SPECIFIC PROTOCOLS FOR RE-OPENING RESPONSIBLY FOR STUDIOS FUSE AND IT'S BUSINESS PARTNERS

ALL STUDIOS LOCATED IN STUDIOS FUSE HAVE AGREED TO CARRY OUT THE FOLLOWING SAFETY AND DISINFECTING PROTOCOLS IN COMMON AREAS AND THEIR INDIVIDUAL SPACES RESPECTFULLY.

## 1. NEW ELECTRONIC WAIVER AND DISCLOSURE TO CLIENTS:

All clients and staff entering the building will verify prior to entering and for each time they enter, these health questions:

### 1. Do you have any of the following?

- Fever (*Anyone who has symptoms of acute respiratory illness are recommended to stay home until they are free of fever (100.4° F [38.0° C] or greater using an oral thermometer), have signs of a fever, and any other symptoms for at least 24 hours, without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants).*)
- Shortness of breath (not severe)
- Cough
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

### 2. Are you ill, or caring for someone who is ill?

YES \_\_\_\_\_. NO \_\_\_\_\_

### 3. In the two weeks before you felt sick, did you:

- Have contact with someone diagnosed with COVID-19?
- Live in or visit a place where COVID-19 is spreading?

Then, they will sign off on our regular health waiver and release form, If they checked any of the boxes in the health COVID questionnaire, the software will not allow them to book classes or training entrance to the studio. It is a prerequisite question for booking.

This same verbiage will be posted in the lobby upon entrance -

If you feel sick have a temperature, or have been sick within the last 2 weeks, we ask that you do not enter the studio for the safety of our staff and guests.

**2. Common area masks availability and enforcement.** We will enforce and provide mask wearing in all common areas even when social distancing is available. Because clients come in at designated hours, the instructor will meet them in the lobby and stage them while waiting for the participants to arrive and then walk them to pre-selected stations for their class use.

## **SPECIFIC PROTOCOLS FOR RE-OPENING RESPONSIBLY FOR STUDIOS FUSE AND IT'S BUSINESS PARTNERS -CONT'D.**

**3. Improved Cleaning and Disinfecting Protocols:** We have always had daily cleaning service for all our general areas and studios but we have gone beyond to ensure higher standards of care for all our studios including the following items:

1. Nightly fogging - We have purchased and intend to "fog" with disinfecting approved foggers for all areas each evening.
2. UV light boxes: After each class, handles will be rotated to be UV sanitized so that all handles that are commonly touched will be addressed in addition to providing and recommending use of plastic gloves during workouts.
3. Personal disinfecting wipes at each station. Each participant will be able to pre-wipe their station, followed by instructor wiping down each piece of equipment at the end of class.
4. Floor Steamers: We have purchased a floor steamer to be used between each session to ensure sanitization of the floor area and mats.
5. New checklist cleaning protocols in place. Cleaning staff protocols attached.

**4. Staffing flow:** Each studio has agreed upon different start times to allow no more than 10 people to arrive at the studio at one time. This means that FUSE Pilates may start their classes with less than 10 participants at 9am and SPORT Fitness may start their classes at 9:15am to allow no more than 10 participants in the lobby at any time although the lobby could easily stage at least 25 people with social distancing in place easily. Additionally, clients would not be allowed to wait or "hang out" in lobby space after class in Phase 3.

**5. Locker room staging:** Participants will be staged upon entrance to locker room with the instructor chaperone if changing facility is needed. However, the locker room spaces are large enough to allow for several people to use with proper social distancing in place if needed. Signs are posted in locker rooms to remind of hand washing, proper hygiene, mask wearing and social distancing.

**6. No towel service:** To protect our staff and clients, towel service will not be available in Phase 3.

We feel that with these measures in place we can provide a safe space to practice healthy habits with our clients. We cover all four points for re-opening under the IHRSA guidelines of containment, cleaning and sanitization, staffing and operations guidelines.